

Tips for Traveling Green



For travelers who want to go green and minimize their travel impact, here are a few tips to help preserve and protect our beautiful corner of this unique state. We expect you'll want to visit many times and will appreciate any efforts to maintain the same rewarding experience for many generations.

When Staying at a B&B or Other Lodging Property:

- Keep your showers short, and shut off the water while you're brushing your teeth.
- When you leave the room, turn off the television, lights or any other electric devices.
- Reuse your sheets and towels instead of having them changed every day.
- Bring your own toiletries and drinking cup rather than using the prepackaged ones provided.
- Know your lodging property's recycling program and sort your trash accordingly.
- Think small: Stay at a B&B or local inn, it helps the local economy. If they have made efforts to go green let them know you appreciate it or encourage them to do so.

When Out and About:

- When hiking or camping always stay on marked trails and maintain a safe distance from any wildlife you encounter. Don't leave anything behind but your footprint.
- Use only biodegradable products, like soap and toothpaste, in streams and lakes.
- Deposit your trash in marked receptacles or take it with you when you leave.
- Light campfires only in established fire rings and be sure they're completely extinguished before you leave.
- Purchase local products whenever possible—you'll support the local economy and get a taste of Vermont's farm fresh cuisine.

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